Amendments to the Claims:

This listing of claims will replace all prior versions, and listings, of claims in the application:

Listing of Claims:

- 1. (Currently amended) A kitchen utensil or cooking appliance comprising a utensil or cooking appliance body and a food contacting surface adhered to a surface of said body and constituting a cooking surface, characterized in that this cooking surface is a metal alloy of zirconium and at least one other metal, and the zirconium content of which is at least 75wt%.
- 2. (currently amended) A <u>kitchen utensil or</u> cooking appliance according to claim 1, characterized in that the alloy contains less than 10wt% of elements in addition to the zirconium.
- 3. (currently amended) A kitchen utensil or cooking appliance according to claim 2, characterized in that it is obtained by the deposit of a selected thickness of metallic material on a substrate.
- 4. (currently amended) A <u>kitchen utensil or</u> cooking appliance according to claim 3, characterized in that the deposit is carried out by cathode sputtering of a massive target.
- 5. (currently amended) A kitchen utensil or cooking appliance according to claim 4, characterized in that the target is obtained by assembly on a copper substrate of one or more sheets or plates of material having the desired composition, said sheets or plates being obtained either by

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powder sintering or thermal powder projection, or resulting from casting.

- 6. (currently amended) A kitchen utensil or cooking appliance according to claim 2, characterized in that it is obtained by assembly of a crystalline metal sheet on a substrate.
- 7. (currently amended) A <u>kitchen utensil or</u> cooking appliance according to claim 6, characterized in that the sheet is obtained by rolling of an ingot resulting from melting of a mixture of metals.
- 8. (currently amended) A <u>kitchen utensil or</u> cooking appliance according to claim 7, characterized in that the assembly is carried out by one of the following techniques: colaminating, brazing, hot striking.
- 9. (currently amended) A -kitchen utensil or cooking appliance according to claim 8, characterized in that the sheet and the substrate undergo, after assembly, a step of working by stamping.
- 10. (currently amended) A <u>kitchen utensil or</u> cooking appliance according to claim 9, characterized in that the substrate is composed of one or more metal sheet(s) of the following materials: aluminum, stainless steel, cast iron, steel, copper.
- 11. (Currently amended) A <u>kitchen utensil or</u> cooking appliance according to claim 8, characterized in that the substrate is composed of one or more metal sheet(s) of the following materials: aluminum, stainless steel, cast iron, steel, copper.

- 12. (Currently amended) A <u>kitchen utensil or</u> cooking appliance according to claim 8, characterized in that the sheet and the substrate undergo, after assembly, a step of working by stamping.
- 13. (Currently amended) A <u>kitchen utensil or</u> cooking appliance according to claim 7, characterized in that the sheet and the substrate undergo, after assembly, a step of working by stamping.
- 14. (Currently amended) A <u>kitchen utensil or</u> cooking appliance according to claim 7, characterized in that the substrate is composed of one or more metal sheet(s) of the following materials: aluminum, stainless steel, cast iron, steel, copper.
- 15. (Currently amended) A <u>kitchen utensil or</u> cooking appliance according to claim 6, characterized in that the assembly is carried out by one of the following techniques: colaminating, brazing, hot striking.
- 16. (Currently amended) A <u>kitchen utensil or</u> cooking appliance according to claim 6, characterized in that the sheet and the substrate undergo, after assembly, a step of working by stamping.
- 17. (Currently amended) A <u>kitchen utensil or</u> cooking appliance according to claim 6, characterized in that the substrate is composed of one or more metal sheet(s) of the following materials: aluminum, stainless steel, cast iron, steel, copper.

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- 18. (Currently amended) A <u>kitchen utensil or</u> cooking appliance according to claim 5, characterized in that the substrate is composed of one or more metal sheet(s) of the following materials: aluminum, stainless steel, cast iron, steel, copper.
- 19. (Currently amended) A <u>kitchen utensil or</u> cooking appliance according to claim 4, characterized in that the substrate is composed of one or more metal sheet(s) of the following materials: aluminum, stainless steel, cast iron, steel, copper.
- 20. (Currently amended) A -kitchen utensil or cooking appliance according to claim 2, characterized in that the substrate is composed of one or more metal sheet(s) of the following materials: aluminum, stainless steel, cast iron, steel, copper.
- 21. (Currently amended) A <u>kitchen utensil or</u> cooking appliance according to claim 1, characterized in that it is obtained by the deposit of a selected thickness of metallic material on a substrate.
- 22. (Currently amended) A <u>kitchen utensil or</u> cooking appliance according to claim 1, characterized in that it is obtained by assembly of a crystalline metal sheet on a substrate.

23. (canceled)

24. (New) A method for cooking food comprising:

providing a cooking appliance comprising an
appliance body and a food contacting surface adhered to a
surface of said body and constituting a cooking surface,

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characterized in that this cooking surface is a metal alloy of zirconium and at least one other metal, and the zirconium content of which is at least 75wt%;

heating the cooking appliance and placing food on the cooking surface; and

removing the food from the cooking appliance after cooking of the food has been completed.

- 25. (New) The method according to claim 24, wherein the alloy contains less than 10wt% of elements in addition to the zirconium.
- 26. (New) The method according to claim 24, wherein said step of providing a cooking appliance comprises:

providing a cooking appliance body composed at least partially of a metal substrate; and

securing a layer or sheet of a metal alloy of zirconium and at least one other metal to the substrate, the zirconium content of the alloy being at least 75wt%, the layer or sheet forming the food contacting surface and being easy to clean.